



Testosterone: A Man's Guide (Paperback)

By Nelson R Vergel

Milestones Publishing, United States, 2011. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book ***** Print on Demand *****. Are you experiencing fatigue and low or no sex drive?, do you seem to have less mental focus?, do you have less tolerance to stress and feel down?, is your body getting softer while you are gaining fat?, have you been exercising for months or years without improvements in your body?, you do not have the problems mentioned but you want to how to keep your testosterone within healthy ranges? Then, this book may be for you. You may be one of the 13 million men in the United States that are needlessly suffering from testosterone deficiency and not knowing it. This book will explain in clear and practical language the symptoms and treatments of testosterone deficiency to help determine if you are a good candidate for this therapy. Testosterone replacement therapy (TRT) can dramatically boost sex drive and function, strength, energy levels, mood, mental focus, and lean body mass while decreasing fat in men with testosterone deficiency syndrome (hypogonadism). However, it is not a therapy to start without proper knowledge about potential side effects and...



READ ONLINE
[8.75 MB]

Reviews

Unquestionably, this is the best operate by any article writer. It is really basic but surprises from the 50 % of the ebook. I realized this ebook from my i and dad suggested this ebook to discover.

-- **Kacie Schroeder**

This pdf could be well worth a read through, and a lot better than other. It is amongst the most incredible publication i have got read through. I discovered this book from my dad and i recommended this publication to discover.

-- **Sadye Hill**