



Sunshine: Why We Love the Sun

By Robert Mighall

John Murray General Publishing Division. Paperback. Book Condition: new. BRAND NEW, Sunshine: Why We Love the Sun, Robert Mighall, Robert Mighall is hopelessly addicted to sunshine. He climbs ladders to catch the last rays of the descending sun and takes regular sun breaks during the working day, joining the smokers outside for his own furtive fix. An obsessive, yes, but he is only an extreme example of our national type. Sunshine explores this obsession. It explains how sunshine became a symbol of health, hope and freedom in the early 20th century, and why we have much to thank the nudists for. It explores why sunshine gives us pleasure, the rites and rituals of modern sun-worship, and how this love affair finds expression in the books we read, the films we watch, and the songs we hear every day. Witty, romantic and absurdly obsessive Sunshine illuminates something everybody loves, yet nobody has attempted to capture between two covers. It is also an open love letter to the most fickle mistress northern man ever served.



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