



Western Medical Times Volume 38, No. 12 (Paperback)

By George Lee Servoss

Rarebooksclub.com, United States, 2012. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.This historic book may have numerous typos and missing text. Purchasers can download a free scanned copy of the original book (without typos) from the publisher. Not indexed. Not illustrated. 1919 Excerpt: .Therefore not only must every step be taken to correct the posture, but graded exercises must be instituted. These exercises have for their purpose the strengthening of the weakened structures and also the improvement of the entire neuro-muscular function. The aim being to have the least diversion from the usual position stimulate the necessary tracts so as to produce instantaneous correction. For this reason I have called them Neuro muscular Exercises Done at the Word of Command. As to the support: Most corsets and belts looking to the straightening of the abdominal curve are thoroughly insuffi cient. It is impossible in order to support the abdominal wall to limit the counter pressure to the lumbar region. Two points of countre must be obtained and they must each be at as great a distance from the curve as it is possible to place them; one almost as...



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