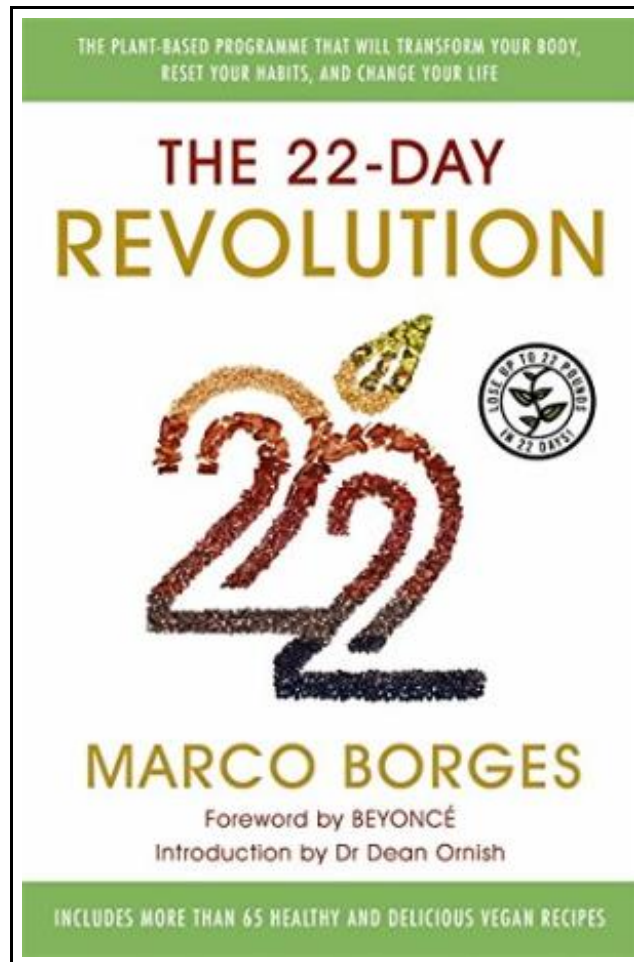


## The 22 Day Revolution: The Plant-Based Programme That Will Transform Your Body, Reset Your Habits, and Change Your Life



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