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## Soul (Paperback)

By Laurel Bell-Krasner

iUniverse, United States, 2009. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.I feel like a lot of people want to know what my big secret is. The how do you do it? kind of thing. True to the brutally honest and open nature of this book, I have no problem answering this without you even opening it. It s really a combination of things, and although the content of the book is not in any order, this is one list that I actually can put in order. But the spot for the top is tied. It is both having time to myself (for myself) and having faith. I think probably the biggest secret here is that I take a lot of time for myself because I need it. It s really the only time I can write. And I basically keep myself grounded. Having faith in a lot of people (but most importantly myself) is what really gets me through everything. I don t believe in perfection, which helps me realize that I am only human and it s ok for me to make mistakes. I basically try to...



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