



The Inner Path of Light

By Kim Michaels

More to Life Publishing. Paperback. Book Condition: New. Paperback. 302 pages. Dimensions: 7.9in. x 5.3in. x 0.4in. Are you looking for an introduction to self-help that can be read and understood by anyone--even people with a rational, materialistic outlook on life? If so, this book offers a universal approach to personal growth that will help you understand how it is possible to systematically improve your life. The ideas are easy to understand, the language is clear and the tone so neutral that virtually anyone can read it without being offended. The book begins by describing the eight pillars to personal progress, which includes understanding the Equation of Life. The next section outlines a new world view based on the scientific reality that everything is made from energy. The book then explains why no approach to self-help can produce the desired results unless you understand the role of mental and emotional energy and how you can neutralize its limiting effects on your life. You are literally surrounded by toxic energies that are the mental and emotional equivalent of air-borne viruses. You will learn how to guild a personal defense against these toxic energies, so you can be at peace in your own...



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Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Ally Reichel**

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You won't feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- **Prof. Kirk Cruickshank DDS**